

# **CINAHL** User Guide

Adapted from EBSCOhost training materials by Frances Giberson, UNB Libraries  
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## What is CINAHL?

CINAHL is the authoritative resource for nursing and allied health professionals, students, educators and researchers. This database provides indexing for 2,857 journals from the fields of nursing and allied health. The database contains more than 1,000,000 records dating back to 1982.

## What is EBSCOhost®?

EBSCOhost is a powerful online reference system accessible via the Internet. It offers a variety of proprietary full text databases and popular databases from leading information providers. The databases range from general reference collections to specially designed, subject-specific databases for public, academic, medical, corporate and school libraries.

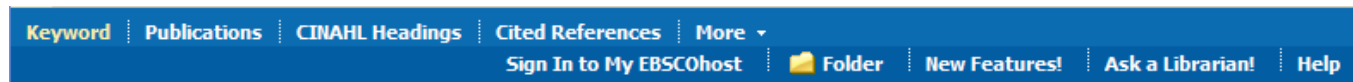
## System Requirements

To effectively use EBSCOhost features, the minimum browser requirements are Internet Explorer 6.0 or higher, Firefox 2.0 and higher, and Safari 2.0 or higher. Javascript and Cookies must be enabled and the recommended screen resolution for EBSCOhost 2.0 is 1024 x 768.

**Note:** You must have Adobe Acrobat® installed to view the PDF Full Text files.

## Using the Toolbar

EBSCOhost® offers a toolbar for functions that are available at all times during a search session.



The function of each toolbar feature is explained throughout this guide.

## Using the Toolbar

- **Folder** – This will display results placed in the folder. (**Note:** If you are not signed in to My EBSCOhost, your folder items will be cleared when the session ends.)
- **New Features** – The Try New Features link provides an innovative way to learn about the features and functionality available on EBSCOhost. You can visit the New Features Screen, try out selected features for your session, learn about additional features that are already active, and read about features that will be “coming soon.”
- **Ask-A-Librarian** – When the Ask-a-Librarian link appears on the interface, you can click the link, and EBSCOhost displays a list of contact emails and phone numbers you can use to get help from library staff.
- **Help** – This link opens the Online Help.

The Toolbar is available on all search screens and will vary depending on the database and features your library administrator selects. The Keyword, Publications, CINAHL Headings, Cited References and More buttons are displayed on the toolbar on both the Basic and Advanced Search Screens.

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## Using the Advanced Search Screen

The default search screen at UNB Libraries is the Advanced Search. It includes the following options:

- **Limiters:** Examples of limiters for *CINAHL* include: *Linked Full Text, Date of Publication, Human, Gender, Age Groups, Research Article, Clinical Queries, and Evidence-Based Practice.*
- **Expanders:** *Also search within the full text of the articles and Apply related words.* Note that the *CINAHL* Subject Headings are **not** considered “related words” for the purpose of this search mode.

## Suggest Subject Terms

On the Advanced Search Screen, you can enter search terms in the **Find** field and mark the **Suggest subject terms** check box to the right of (or above) the field. When you click **Search**, the *CINAHL* Subject Heading authority file is searched, with the most relevant terms displayed.

By default, the **Suggest subject terms** box is not marked. It is possible, and more efficient, to search the Subject Headings directly, by clicking on the link to *CINAHL* Headings in the toolbar at the top of the page. This process is described later in this guide.

The screenshot displays the EBSCOhost Advanced Search interface. At the top, there is a navigation bar with links for 'Keyword', 'Publications', 'CINAHL Headings', 'Cited References', and 'More'. Below this, the search area includes a search bar with the text 'education' and a dropdown menu set to 'Select a Field (optional)'. To the right of the search bar is a 'Search' button and a 'Clear' button. Below the search bar, there are two more search fields: 'evidence' in a field set to 'TI Title', and 'ciliska' in a field set to 'AU Author'. Between these fields are 'and' operators with dropdown arrows. To the right of the third field is an 'Add Row' link. At the bottom of the search area, there are links for 'Advanced Search', 'Visual Search', 'Search History/Alerts', and 'Preferences'. A 'Suggest Subject Terms' checkbox is located above the first search field and is currently unchecked.

**Advanced Searching** provides fill-in-the-blank keyword searching to aid in complex or specific searches.

### To perform a search:

1. Enter a search term in the first **Find** field.
2. Choose the **Field** to search from the drop-down list.
3. Select a Boolean operator to combine the next term.
4. Enter another term in the next **Find** field.
5. Choose the **Field** to search from the drop-down list.
6. Click **Search**. A Result List is displayed.

### Note:

- If you do not choose a specific field to search, as in the first line of the example above, the default will be a search for the word(s) in the Title, Abstract, and Subject Headings fields.
- You do not have to fill in all the blanks! You can also combine terms together on a single line. For example, you could type **education AND evidence** for results containing both words.

The results from the example search are shown below.

**All Results: 1-2 of 2 Page: 1** Sort by: Date [Add \(1-2\)](#)

Results for: education and TI evidence and AU ciliska [Alert / Save / Share »](#)

- [Evidence-based nursing: how far have we come? What's next?](#) *Cilia D Evidence-Based Nursing*, 2006 Apr; 9 (2): 38-40 (journal article) ISSN: 1367-6539 PMID: 16615195 CINAHL AN: 2009162375  
Abstract Only  
[Linked Full Text](#)  
[Add to folder](#) | Cited References: (14)
- [Educating for evidence-based practice.](#) (includes abstract); *Cilia D Journal of Professional Nursing*, 2005 Nov-Dec; 21 (6): 345-50 (journal article - tables/charts) ISSN: 8755-7223 CINAHL AN: 2009091066  
Abstract Only  
[Add to folder](#)  
 **Check for fulltext**

Page: 1 Display results: Brief 50 per page [Add \(1-2\)](#)

**Limit your results**

Linked Full Text  
 References Available  
[Update Results](#)

[« Search Options](#)

## Search History/Alerts Tab

From the Result List you can save, retrieve or reuse your basic and advanced searches. You can view these searches from the **Search History/Alerts** link below the **Find** field. New searches can consist of combined or modified searches.

**Search History/Alerts**

[Print Search History](#) | [Retrieve Searches](#) | [Retrieve Alerts](#) | [Save Searches / Alerts](#) | [Clear Search History](#)

Combine searches with: and [Add](#)

Add to Search	Search ID#	Search Terms	Search Options	Actions	Delete
<input type="checkbox"/>	S1	education and TI evidence and AU ciliska	<b>Expanders</b> - Apply related words <b>Search modes</b> - Find all my search terms	<a href="#">View Results</a> (2) <a href="#">Revise Search</a> <a href="#">View Details</a>	<a href="#">X</a>

The following items are present in the Search History/Alerts Tab:

- **Combine searches with** – Choose the Boolean operator to use when combining searches.
- **Add to Search** – Click on the box to the left of any search you would like to include in a new search.
- **Search ID #** – This column contains the number assigned to each of your searches. You can conduct a search by entering the search ID number and prefix (**S**) in the **Find** field and clicking **Search**. (For example, S1 and S3.)

- 
- **Search Terms** – This column contains the search terms entered in the **Find** field, including any field codes and Boolean operators.
  - **Search Options** - The limiters and expanders used in the search are listed here.
  - **View Results** – The total number of search results is shown here. When you click on this number, the Result List for the search appears. You may have to scroll down the page to see the results. Searches that do not produce results are included in the Search History and display a zero in this column.
  - **Revise Search** – When you click on the *Revise* link, the search terms are displayed in the **Find** field. Edit the search by changing terms manually, entering field codes or adding limiters or expanders.
  - **Delete** – To remove a search string, click on the **X** button next to it.

Your Search History includes the searches from the current EBSCOhost® session that used the **Basic** or **Advanced Search Screen**. When your session ends, the Search History is deleted.

## Search Techniques

### Boolean Searching

Boolean logic defines logical relationships between search terms. The Boolean search operators **AND**, **OR** and **NOT** allow you to broaden or focus your search results.

- The **AND** operator combines search terms so that each result contains *all* of the terms. For example, **kidney AND lung** will result in articles that contain both **kidney** and **lung**.
- The **OR** operator combines search terms so that each result contains *at least one* of the terms. For example, **blood OR plasma** will result in articles that contain either **blood** or **plasma**.
- The **NOT** operator excludes search terms so that each result *will not contain any* of the terms that follow it. For example, **blood NOT vein** will result in articles that contain the term **blood**, but not the term **vein**.

### Phrase Searching

If you are looking for a topic that consists of more than one word (e.g. “myocardial infarction” or “light therapy”) put quotation marks around the phrase, as shown. This ensures that the words are found together, and in the correct order.

Keyword | Publications | CINAHL Headings | Cited References | More ▾  
 Sign In to My EBSCOhost | Folder | New Features! | Ask a Librarian! | Help

Searching: **CINAHL** | Choose Databases >>  
 Suggest Subject Terms

UNB Libraries

"therapy dog" in Select a Field (optional) ▾ Search Clear ?  
 and ▾ in Select a Field (optional) ▾  
 and ▾ in Select a Field (optional) ▾ Add Row

Advanced Search | Visual Search | Search History/Alerts | Preferences >>

---

**Narrow Results by**

Source Types

All Results

Periodicals

CEUs

Publication

Subject: Major Heading

Pet Therapy

Dogs

Human-Pet Bonding

Alzheimer's Disease





Developmental Disabilities

Environmental Microbiology

More >>

All Results: 1-18 of 18 Sort by: Date ▾ Add (1-18)  
 Page: 1

Results for: "therapy dog" Alert / Save / Share >>

1. [Animal-assisted therapy in patients hospitalized with heart failure.](#)   
 (includes abstract); Cole KM; Gawlinski A; Steers N; Kotlerman J American Journal of Critical Care, 2007 Nov; 16 (6): 575-86 (journal article - clinical trial, research) ISSN: 1062-3264 PMID: 17962502 CINAHL AN: 2009868543  
 Abstract Only  
 Add to folder  
 Check for fulltext
2. [Dogs - and handlers - specially trained for animal assisted memory therapy.](#)   
 (includes abstract) Canadian Nursing Home, 2007 Sep-Oct; 18 (3): 27-8 (journal article - pictorial) ISSN: 0847-5520 CINAHL AN: 2009710346

Limit your results

Linked Full Text  
 References Available  
 Update Results

<< Search Options

## The Wildcard (?) and Truncation (\*) Symbols

Use the wildcard and truncation symbols in searches using terms with unknown characters, multiple spellings or various endings.

**Note:** Neither the wildcard nor the truncation symbol can be used as the first character in a search term.

- The **wildcard** is represented by a question mark ?. To use the wildcard, enter the search terms and replace each unknown character with a ?. EBSCOhost will provide results containing variations of that character set, with the ? replaced by a letter.

For example, type **ne?t** to find all citations containing **neat**, **nest** or **next**. EBSCOhost will not find **net** because the wildcard replaces a single character.

- **Truncation** is represented by an asterisk (\*). To use truncation, enter the root of a search term and replace the ending with an asterisk (\*). EBSCOhost will find all available forms of that word.

For example, type **phototherap\*** to find the words **phototherapy** or **phototherapeutic**.

Keyword | Publications | CINAHL Headings | Cited References | More ▾  
 Sign In to My EBSCOhost | Folder | New Features! | Ask a Librarian! | Help

Searching: **CINAHL** | Choose Databases »

Suggest Subject Terms

phototherap\* in Select a Field (optional) [v] Search Clear ?

and [v] in Select a Field (optional) [v]

and [v] in Select a Field (optional) [v] Add Row

Advanced Search | Visual Search | Search History/Alerts | Preferences »

---

**Narrow Results by**

Source Types

All Results

Periodicals

Books/Monographs

Dissertations

CEUs

Proceedings

Publication

Subject: Major Heading

Author

Age





Gender

---

All Results: 1-50 of 746 Sort by: Date [v] Add (1-50)

Page: 1 2 3 4 5 Next

Results for: phototherap\* Alert / Save / Share »

1. [Advancement of specialty hinges on worldwide exchange of information.](#)   
 Cimberle M Ocular Surgery News, 2008 Jun 25; 26 (12): 4-6 (journal article - pictorial) ISSN: 8750-3085  
 CINAHL AN: 2009975359  
 Abstract Only  
 Add to folder  
 Check for fulltext
2. [Effect of bright light and melatonin on cognitive and noncognitive function in elderly residents of group care facilities: a randomized controlled trial.](#)   
 Riemersma-van der Lek RF; Swaab DF; Twisk J; Hol EM; Hoogendijk WJ; Van Someren EJ JAMA: Journal of the American Medical Association, 2008 Jun 11; 299 (22): 2642-55 (journal article - clinical trial, research) ISSN: 0098-7484 PMID: 18544724 CINAHL AN: 2009948644

Limit your results

Linked Full Text

References Available

Update Results

Search Options

## Proximity Search

A Proximity Search produces results with two or more terms that appear a specified number of words (or fewer) apart in the database(s). The proximity operator is composed of a letter (**N** or **W**) and a number (to specify the number of words), placed between search terms.

- **Near Operator (N)** - **N5** will find a result if the terms are within five (5) words of each other, regardless of the order in which they appear.

For example, type **kidney N5 failure** for results that contain **kidney failure**, as well as **failure of the kidneys**.

- **Within Operator (W)** - **W8** will find a result if the terms are within eight (8) words of each other, in the exact order entered.

For example, type **kidney W8 failure** for results that contain **kidney failure**, but not **failure of the kidneys**.

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## Grouping Terms Together Using Parentheses

Parentheses can be used to control a search query. Without parentheses, a search is executed from left to right. However, words enclosed in parentheses are searched first.

Why is this important? Parentheses allow you to define the way the search will be executed. The left phrase in parentheses is searched first; then, based upon those results, the second phrase in parentheses is searched.

### Generalized Search: heart or lung and blood or oxygen

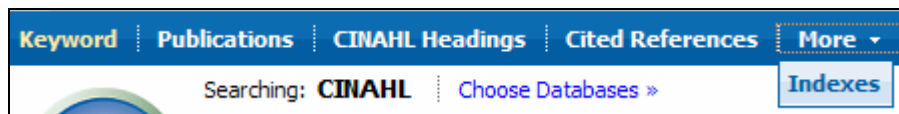
### Focused Search: (heart or lung) and (blood or oxygen)

In the first example, the search will retrieve results on **heart**, as well as references to the terms **lung** and **blood**, and everything on **oxygen**.

In the second example, parentheses control the query to only find articles about **heart** or **lung** that reference **blood** or **oxygen**.

## Toolbar Options

As an alternative to keyword searching, EBSCOhost® offers the capability to search a database by browsing a list of Publications, CINAHL Headings, Cited References and Indexes.



## Searching by Publication

The Publications tab lets you browse the list of publications indexed in CINAHL.

### To browse the Publications List:

1. Click the **Publications** toolbar link. The Publications Authority File appears, with the beginning of the list displayed.
2. From the Publications Tab, enter your search term(s) in the **Browse for** field. You can enter all or part of a publication name, for example, **Pediatric**.
3. Select a search type by clicking the radio button next to:
  - **Alphabetical** – Finds journals beginning with the letters you entered. Results are displayed in alphabetical order.
  - **By subject and description** – Finds journals on particular subjects.
  - **Match Any Words**– Display publication titles containing the term you entered.
4. Click **Browse** to view your terms as they appear in the Publications Authority File. A Result List is displayed.
  - Click on the name of the publication to display more information about it, and browse journal tables of contents

### OR

- Place a check mark next to the title and click **Add**, then **Search** to view citations to all articles from that publication.

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## Using CINAHL Headings

The CINAHL Subject Headings authority file is a controlled vocabulary thesaurus that assists in more effectively searching the CINAHL database. Each bibliographic reference in the database is associated with a set of subject terms that are assigned to describe the content of an article. There are more than 10,600 main subject headings as well as thousands of cross-references that assist in finding the most appropriate subject heading. CINAHL accepts the U.S. National Library of Medicine's Medical Subject Headings (MeSH) as the standard vocabulary for disease, drug, anatomical, and physiological concepts.

CINAHL subject heading terms are arranged in a hierarchy, or "tree structure", that permits searching at various levels of detail from the most general level to more narrow levels to find the most precise terms. The subject headings include indexing annotations, tree numbers, scope notes, entry vocabulary, history notes, and allowable qualifiers. The headings can be exploded to retrieve all references indexed to that term as well as all references indexed to any narrower term(s). Searches can also be limited with specific qualifiers (subheadings) to improve the precision of the search, and limited to major subject headings indicate the main focus of an article. The list is updated annually by subject specialists.

### To browse CINAHL Headings:

To browse a list of subject headings available in the database, click the **CINAHL Headings** link on the toolbar. A new thesaurus-specific Browse Screen is displayed.

Enter search terms in the **Browse for** field. Select the **Relevancy Ranked** radio button and click **Browse**. A list of headings is displayed. If there is a CINAHL heading that corresponds to the terms you have entered, it will appear at the top of the list. If CINAHL uses a different concept for the term, the CINAHL heading will be indicated. In the example below, *Pet Therapy* is shown to be the term used for *Animal Assisted Therapy*. As you select headings, mark **Explode** (to find the term and all narrower terms) and/or **Major Concept**.

To display a list of results that match your search terms, click **Search Database**.

Keyword | Publications | **CINAHL Headings** | Cited References | More ▾  
 Sign In to My EBSCOhost | Folder | New Features! | Ask a Librarian! | Help

Database: CINAHL ?  
 Combine selections with: or ▾ Search Database

UNB Libraries

CINAHL Headings

EBSCO  
HOST

\_\_\_\_\_ Browse

Term Begins With  Term Contains  Relevancy Ranked

Page: Previous | Next

**Browsed for: animal assisted therapy** Explode ? Major Concept ?  
 (Click term to view tree and subheading details.)

Animal Assisted Therapy <b>Use:</b> <a href="#">Pet Therapy</a>		
<input type="checkbox"/> <a href="#">Animal Assisted Therapy (Iowa NIC)</a> [ <a href="#">Scope</a> ]		<input type="checkbox"/>
<input checked="" type="checkbox"/> <a href="#">Pet Therapy</a> [ <a href="#">Scope</a> ]		<input type="checkbox"/>
Animal Assisted Therapies <b>Use:</b> <a href="#">Pet Therapy</a>		
Animal Assisted Therapies Iowa NIC <b>Use:</b> <a href="#">Animal Assisted Therapy (Iowa NIC)</a>		
<input type="checkbox"/> <a href="#">Assistive Device Therapy (Saba CCC)</a> [ <a href="#">Scope</a> ]		<input type="checkbox"/>
<input type="checkbox"/> <a href="#">Drug Therapy, Computer Assisted</a>		<input type="checkbox"/>
<input type="checkbox"/> <a href="#">Occupational Therapy Assistants</a>		<input type="checkbox"/>
<input type="checkbox"/> <a href="#">Therapy, Computer Assisted</a> [ <a href="#">Scope</a> ]	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> animal assisted therapy ( <i>Search as Keyword</i> ) ?		

## Explode

When you **Explode** a term, you create a search query that expands on the subject heading. The headings are exploded to retrieve all references indexed to that term, as well as all references indexed to any narrower terms.

Exploding retrieves all documents containing any of the terms below the term selected in the tree. If a plus sign (+) appears next to a narrower or related term, there are narrower terms below it.

## Major Concept

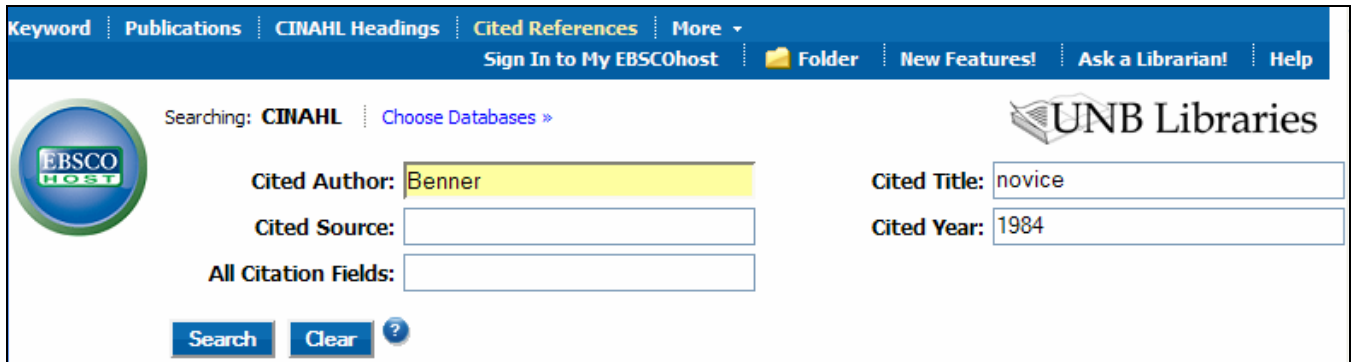
When you select **Major Concept** for a term, you create a search query that returns only those records for which the subject heading is a major point of the article. Searches are limited with specific qualifiers (subheadings) to improve the precision of the search, and limited to major subject headings to indicate the main concept of an article.

## Combining Explode and Major Concept

If you select Explode and Major Concept, you retrieve all references indexed to your term (and its narrower terms) and all articles for which the subject heading is a major point of the article.

## Cited Reference Searching

To find citations to items that have cited particular authors or works, choose Cited References from the toolbar. Fill in enough information to identify the **cited** work, and click on Search.

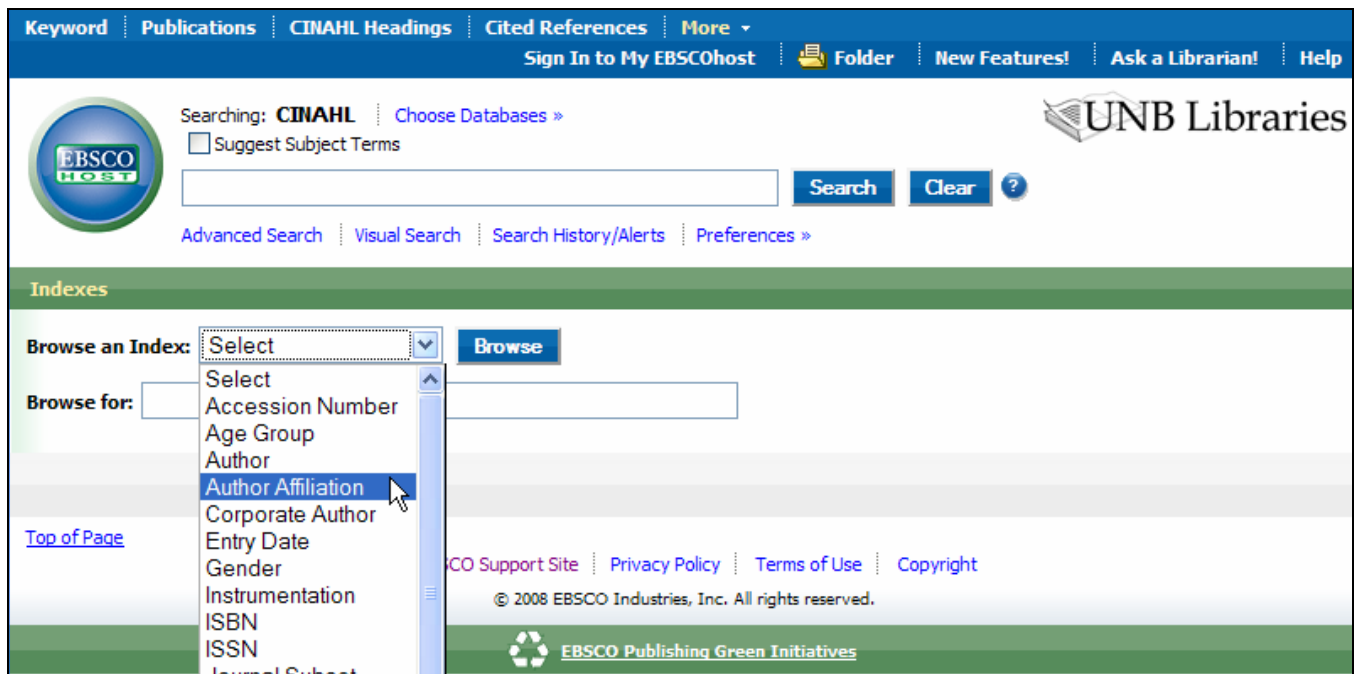


The screenshot shows the EBSCOhost interface for Cited References. The top navigation bar includes links for Keyword, Publications, CINAHL Headings, Cited References (selected), and More. Below the navigation bar, there are links for Sign In to My EBSCOhost, Folder, New Features!, Ask a Librarian!, and Help. The main search area features the EBSCOhost logo on the left and the UNB Libraries logo on the right. The search criteria are: Searching: CINAHL, Choose Databases >. The Cited Author field is filled with "Benner", the Cited Title field is filled with "novice", and the Cited Year field is filled with "1984". There is also an empty Cited Source field and an empty All Citation Fields field. At the bottom, there are Search and Clear buttons, along with a help icon.

## Searching by Indexes

Browse a list of indexes to view the database's citation fields.

1. Click the **More** toolbar link, then click **Indexes**.
2. Choose the field you would like to view from the drop-down list.



The screenshot shows the EBSCOhost interface for Indexes. The top navigation bar is the same as in the previous screenshot. Below the navigation bar, there are links for Sign In to My EBSCOhost, Folder, New Features!, Ask a Librarian!, and Help. The main search area features the EBSCOhost logo on the left and the UNB Libraries logo on the right. The search criteria are: Searching: CINAHL, Choose Databases >. There is a checkbox for Suggest Subject Terms and a search input field. Below the search input field, there are links for Advanced Search, Visual Search, Search History/Alerts, and Preferences >. The Indexes section is highlighted in green. It contains a "Browse an Index:" dropdown menu with "Select" chosen, and a "Browse" button. Below the dropdown menu, there is a "Browse for:" input field. The dropdown menu is open, showing a list of index fields: Select, Accession Number, Age Group, Author, Author Affiliation (highlighted by a mouse cursor), Corporate Author, Entry Date, Gender, Instrumentation, ISBN, ISSN, and Journal Subject. At the bottom of the page, there are links for CO Support Site, Privacy Policy, Terms of Use, and Copyright. The footer contains the copyright notice: © 2008 EBSCO Industries, Inc. All rights reserved. and the EBSCO Publishing Green Initiatives logo.

3. Enter search terms in the **Browse for** field.
4. Click **Browse** to view resulting search terms in alphabetical order, beginning with your selected term.

Searching: **CINAHL** | Choose Databases »

Suggest Subject Terms

(ZF "UNIVERSITY OF ALBERTA") or (ZF "UNIVERSITY OF ALBERTA EVIDENCE-BASED PRACTICE CENTER, EDMONTON, ALBERTA, CANADA")

**Search** **Clear** ?

[Advanced Search](#) | [Visual Search](#) | [Search History/Alerts](#) | [Preferences](#) »

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**Indexes**

Browse an Index:  **Browse**

Browse for:

Page: [Previous](#) | [Next](#)

Select one or more terms and add to search using:  **Add**

Term	Records Count
<input type="checkbox"/> UNIVERSITY OF ALBERTA	32
<input type="checkbox"/> UNIVERSITY OF ALBERTA & CHILDREN'S HOSPITAL OF EASTERN ONTARIO, CANADA	1
<input type="checkbox"/> UNIVERSITY OF ALBERTA AND CHINOOK REGIONAL HEALTH SYSTEM ALBERTA CANADA	1

5. Click the box next to the term(s) you want to select and click **Add**.
6. Click **Search** to view the results.

## Using the Basic Search Screen

The Basic Search screen provides limited functionality, with a restricted list of search options, so it is not recommended for most searching. To choose the Basic Search screen, click the EBSCOhost logo found to the left of the Find field.

### Performing a Basic Search

To perform a search, enter your term(s) in the **Find** field and click **Search**. Click **Clear** to remove any term(s) in the **Find** field. The **Clear** button does not remove any limiters selected from the Refine Search Tab.

You can use Boolean operators, field codes, truncation (\*), wildcard (?) and quotation mark search phrasing when performing a Basic Search. If you wish to refine your search, you can view available Search Modes, limiters, and expanders by clicking the Search Options link below the find field.

### Refine Search Options

Limiters and Expanders can be used to focus or broaden a search.

The screenshot displays the EBSCOHOST search interface. At the top left is the EBSCOHOST logo. To its right, it says "Searching: CINAHL" with a link "Choose Databases »". Below this is a search input field, a "Search" button, and a "Clear" button with a help icon. A navigation bar below the search field includes links for "Search Options", "Advanced Search", "Visual Search", "Search History/Alerts", and "Preferences »".

The "Search Options" section is highlighted in green and contains a "Reset" button. It includes:
 

- Search modes**: Three radio buttons: "Boolean/Phrase", "Find all my search terms" (selected), and "Find any of my search terms".
- Apply related words**: A checked checkbox.
- Also search within the full text of the articles**: An unchecked checkbox.

The "Limit your results" section is also highlighted in green and contains various filters:
 

- Linked Full Text**: Unchecked checkbox.
- Publication Year from**: Two empty input boxes separated by "to".
- Abstract Available**: Unchecked checkbox.
- Publication**: An empty text input field.
- Journal Subset**: A dropdown menu with "All" selected and other options: "Africa", "Allied Health", "Alternative/Complementary Therapies".
- Gender**: A dropdown menu with "All" selected and other options: "Female", "Male".
- References Available**: Unchecked checkbox.
- Published Date from**: Two sets of "Month" dropdown menus and "Year" input boxes, separated by "to".
- Author**: A yellowed-out text input field.
- Peer Reviewed**: Unchecked checkbox.
- Publication Type**: A dropdown menu with "All" selected and other options: "Abstract", "Accreditation", "Algorithm".

- **Limiters:** Examples of limiters include: *Linked Full Text*, *Published Date*, *Peer Reviewed* and *Gender*. Note that the advanced search mode provides many more limiters than the basic mode, including *Age Groups*, *Research Article*, *Clinical Queries*, and *Evidence-Based Practice*.

**Expanders:**

- **Also search within full text of the articles** expands search results by searching for term(s) within the full text of the articles.
- **Apply related words** expands the search results to include synonyms and plurals of search term(s). Note that CINAHL subject headings are **not** considered “related words” for the purpose if this search mode.

**Note:** The **Reset** button will clear all items selected from the Refine Search Tab.

## The Result List

The Result List displays the search results sorted by Date. You can sort the results by Author, Source, or Relevance using the **Sort by:** drop-down list.

To refine your search by adding Limiters, restricting the search to specific date ranges, etc., click on **Search Options** in the **Limit your results** column to the right of the search results.

## Folders

The **Add to Folder** option allows you to add one or all results on the page to your folder. When there are items in your folder, they are visible to the right of your result list, under **Folder has items**. Click on the Folder View link, or on the Folder link in the toolbar at the top of the screen, to view all the items in your folder. You can then Save, Print, or Email your results, or Export them to RefWorks or other bibliographic management software.

The screenshot displays a search results interface with three main columns:

- Left Column (Narrow Results by):** A sidebar with expandable sections: "Source Types" (All Results, Periodicals, Books/Monographs, Dissertations, CEUs), "Publication", and "Subject: Major Heading" (Pet Therapy, Dogs, Pets, Human-Pet Bonding, Horses, Dementia).
- Middle Column (Search Results):** Shows "All Results: 1-50 of 314" sorted by "Date". The search query is "(MM 'Pet therapy')". Two results are listed:
  - 1. Unleash the healing power of pet therapy.** (includes abstract); McKenney C; Johnson R. American Nurse Today, 2008 May; 3 (5): 29-31 (journal article - pictorial) ISSN: 1930-5583 CINAHL AN: 2009952883 Abstract Only. Includes "Add to folder" and "Check for fulltext" options.
  - 2. Real or robotic, dogs wag away loneliness.** Journal of Gerontological Nursing, 2008 May; 34 (5): 10 (journal article - brief item) ISSN: 0098-9134 CINAHL AN: 2009915429 Abstract Only. Includes "Add to folder" and "Check for fulltext" options.
- Right Column (Limit your results):** Contains checkboxes for "Linked Full Text" and "References Available", an "Update Results" button, and a "Folder has items" section listing three items with "x" icons: "Does mindfulness decrease...", "Integrative review of res...", and "Measuring the psychologic...". A "Go to: Folder View" link is also present.

## Detailed Citation Features

The screenshot shows a citation record for a literature review. At the top, there are navigation links: "7 of 47", "Result List", and "Refine Search". Below this is a toolbar with icons for "Citation", "PDF Full Text", "Cited References (40)", "Print", "E-mail", "Save", "Export", "Cite", and "Folder". The main content area is divided into two columns. The left column contains metadata: Title, Author(s), Affiliation, Source, Publication Type, Language, Major Subjects, and Minor Subjects. The right column contains the Abstract and a section titled "Images" with a "Go to all 4 images >>" link. The abstract text is as follows:

**Title:** Measuring the psychological impact of mindfulness meditation on health among patients with cancer: a literature review.

**Author(s):** [Matchim Y](#); [Armer JM](#)

**Affiliation:** *Nursing* Instructor, Prince of Songkla University, Songkla, Thailand

**Source:** [Oncology Nursing Forum](#) (ONCOL NURS FORUM), 2007 Sep; 34(5): 1059-66 (41 ref)

**Publication Type:** journal article - research, systematic review, tables/charts

**Language:** English

**Major Subjects:** [Cancer Patients](#) -- [Psychosocial Factors](#)  
[Health Status](#)  
[Meditation](#)  
[Psychological Tests](#) -- [Evaluation](#)

**Minor Subjects:** [Adult](#); [Breast Neoplasms](#); [CINAHL Database](#); [Female](#); [Male](#); [Middle Age](#); [Prostatic Neoplasms](#); [Psycinfo](#); [PubMed](#); [Study Design](#)

**Abstract:** Purpose/Objectives: To describe the construct of mindfulness *meditation* and systematically review instruments measuring the psychological impact of mindfulness-based stress reduction (MBSR) on health among patients with cancer. Data Sources: PubMed, CINAHL(R), PsycINFO(R), ISI Web of Knowledge(R), EBSCO, and published literature (1987-2006). Data Synthesis: 13 psychological instruments used in seven studies (2000-2005) to measure effects of MBSR on health in patients with cancer were reviewed. Most studies used a one-group pre- and post-test design. The post-MBSR outcomes for each instrument varied, suggesting different yet promising relationships. For some instruments, data were insufficient to conclude sufficiently whether any were strong or appropriate to use in future intervention studies.

- **Arrows** – The arrows to the left and right of the record number allow you to navigate to the previous or next result.
- **Result List** – Clicking this link will return you to the Result List.
- **Refine Search** – Clicking this link allows you to apply limiters and expanders to your search.
- **Print/E-mail/Save/Export/Cite/Folder** – These icons allow you to Print, E-mail or Save the current result, Export your citations in a variety of bibliographic manager formats, get a citation in various formats and add the article to the folder or access the folder.

## My EBSCOhost

To create a personal account, click on **Sign In to My EBSCOhost** in the toolbar at the top of the screen.

The screenshot shows the EBSCOhost toolbar with the following items: "Keyword", "Publications", "CINAHL Headings", "Cited References", "More", "Sign In to My EBSCOhost", "Folder", "New Features!", "Ask a Librarian!", and "Help". A mouse cursor is pointing at the "Sign In to My EBSCOhost" button.

Having a personal account allows you to save and retrieve searches, and create email alerts and RSS feeds based on searches.

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## NOTES